

<b>Date</b>	<b>British Columbia</b>	<b>Distance between cities</b>
	Vancouver	
	Port Moody	
	Mission	
<b>July 8th Day #1</b>	Hope Manning Provincial Park	145 km -Departure Date - 66km
<b>July 9th Day #2</b>	Allison Pass to Princeton	66km
<b>July 10th Day # 3</b>	(passing stemwater provincial park) Keremeos	66km
	Hwy 3 along Similkameen river to Richter Pass	64 km + (3km climb - richter)
<b>July 11th Day #4</b>	Osoyoos	9km
	Anarchist Mountain Summit to Rockcreek	52km
<b>July 12th &amp; 13th Day #5 &amp; 6</b>	Ride through Greenwood & Grand Forks	75km
<b>July 14th Day #7</b>	Castlegar (Bonanza Pass)	96km
	3a North - Crescent Valley	20km
<b>July 15th Day #8</b>	Slocan River to Slocan (Ride along slocan river to New Denver)	79km
	Nakusp (hot springs)	46km
	Galena Bay (ferry crossing, 30min)	49km
<b>July 16th Day #9</b>	Shelter Bay (along Upper Arrow Lake)	50km

	Revelstoke -through Mt Revel. National Park	36km
<b>July 17th &amp; 18th Day #10 &amp; 11</b>	Entering Glacier National Park Glacier National Park (Rogers Pass) Through Park to Golden	12km 45km 56 km
	Golden- along kicking horse river	20km
	Yoho National Park to Leancoil	25km -
	Field (railway town)	6.5km
	Kickinghorse pass (alberta border Lake louise)	16km

	<b>Alberta</b>	<b>Distance Between Cities</b>
<b>July 19th Day #12</b>	Lake Louise to Banff	60km
	Canmore	82km
	Ghost Lake	53km
	Cochrane	20km
<b>July 20th &amp; July 21st Day #13 &amp; 14</b>	<b>Calgary</b>	145km
<b>July 22nd Day #15</b>	Drumheller	120km
<b>July 23rd Day #16</b>	Big Stone to Eston	189km

	<b>Saskatchewan</b>	<b>Distance Between Cities</b>
<b>July 24th Day #17</b>	Eston to	145km

<b>July 25th Day #18</b>	Lucky Lake	149km
<b>July 26th Day #19</b>	Moose Jaw	71km
<b>July 27th Day #20</b>	<b>Regina</b>	73km
	Indian Head	106km
<b>July 28th Day #21</b>	Whitewood	50km
<b>July #29 Day #22</b>	Moosomin to Brandon	140km

	<b>Manitoba</b>	<b>Distance between cities</b>
<b>July 30th Day #23</b>	Brandon to	126km
	Portage La Prarie	89km
<b>July 31rst &amp; Aug 1st Day #24 &amp; #25</b>	<b>Winnipeg</b>	118km
<b>Aug 2nd Day #26</b>	Prawda !!!!!!!	38km
<b>Aug 3rd Day #27</b>	Falcon Lake to Kenora	67km

	<b>Ontario</b>	<b>Distance between cities</b>
<b>Aug 4th &amp; Aug 5th Day #28 &amp; 29</b>	Kenora (half way) to Fort Frances	270 km

<b>Aug 6th Day #30</b>	Atikokan (Quetico Prov.Park)	150km
<b>Aug 7th Day #31</b>	Shabaqua Corners	142km
	Thunder Bay	69km
<b>Aug 8th Day #32</b>	Nipigon to	105km
<b>Aug 9th &amp;10 Day #33 &amp; 34</b>	Terrace Bay to	260km
<b>Aug 11th Day #35</b>	Wawa to Sultan	184 km
<b>Aug 12th &amp; 13th Day #36 &amp; 37</b>	Sultan to Espanola	224 km
	Espanola to little Current	50km
<b>Aug 14th Day #38</b>	Manitoulin Island to South Baymouth	64-70km
<b>August 15th Day #39</b>	Ferry to Tobermory - Owen Sound	227 km
<b>Aug 16th Day #40</b>	Owen Sound to Toronto - Sunnyside Pavilion Cafe! Home!!!!!!!	190km

