

Proclamation

Pulmonary Fibrosis Month September 2025

WHEREAS In Canada, there are 30,000 people who have been diagnosed with pulmonary fibrosis or idiopathic pulmonary fibrosis (if the cause is unknown), with many more still waiting to be diagnosed; and

WHEREAS pulmonary fibrosis a little-known, progressive and potentially fatal lung disease that causes scarring in the lungs and shortness of breath, depriving the body of oxygen; and

WHEREAS people living with pulmonary fibrosis and idiopathic pulmonary fibrosis could benefit from early diagnosis and treatment to slow down and, in some cases, stop the progression of the disease; and

WHEREAS pulmonary fibrosis affects not just individuals, but their families, friends, employers, and communities, and are often given little attention or concern by the general public, the general health care system, and elected and appointed public policy makers, resulting in inadequate priority being given to the disorder; and

WHEREAS the Canadian Pulmonary Fibrosis Foundation has designated September as Pulmonary Fibrosis Month and urges increased effort and action intended to improve access to quality care, support research into new and improved treatments and provide support services to improve the quality of life for those living with pulmonary fibrosis and idiopathic pulmonary fibrosis and their families.

While medications and therapies can ease symptoms and improve the quality of life for some, others may require lung transplants; and

THEREFORE: I, Mayor (insert name of Mayor), do hereby proclaim September as Pulmonary Fibrosis month in the City of (insert name of City).

Signed at City Hall, (insert name of City), (insert name of province) on this XX day of month, year.

(insert name of Mayor), Mayor



Canadian
Pulmonary Fibrosis
Foundation

Canadian Pulmonary Fibrosis Foundation
3250 Bloor Street West
East Tower, Suite 600
Toronto, Ontario
M8X 2X9
www.cpff.ca

Charitable number: 850554858 RR0001

April 30, 2025

City of Toronto
Via Online Application

Subject: Proclamation Request for September
2025 "Pulmonary Fibrosis Month"

To Whom It May Concern,

I am applying on behalf of the Canadian Pulmonary Fibrosis Foundation (CPFF) to request that the City of Toronto declare September 2025 as Pulmonary Fibrosis Month.

Pulmonary fibrosis (PF) is a lung disease that occurs when lung tissue becomes damaged and scarred. This thickened, stiff tissue makes it more difficult for your lungs to work properly. As pulmonary fibrosis worsens, you become progressively more short of breath.

The scarring associated with pulmonary fibrosis can be caused by a multitude of factors. But in most cases, doctors can't pinpoint what's causing the problem. When a cause can't be found, the condition is termed idiopathic pulmonary fibrosis (IPF).

The lung damage caused by PF/IPF can't be repaired, but medications and therapies can sometimes help ease symptoms and improve quality of life. For some people, a lung transplant might be appropriate.

September is recognised as Pulmonary Fibrosis month around the world, as we try to bring awareness to this devastating disease and looking for ways to support patients and their families while looking for a cure.

Sincerely,

Sharon Lee, MA, CFRE
Executive Director